

SOUTH CAROLINA CAREER GUIDANCE EFFECTIVE EXERCISES DRAFT

TITLE: YOU CAN DO IT! (#13)

SUBJECT: Guidance Activity

GRADE LEVEL(S): 3-5

SC Career Guidance Standard/Competency

- Learning to Work: Standard 1. Students will understand the relationships among personal qualities, education and training, and the world of work.

Competency 1.2. Explore nontraditional career choices.

National Career Development Guidelines Goal/Indicator

- Career Management: GOAL CM3. Use accurate, current, and unbiased career information during career planning and management.

Indicator CM3.K5. Identify occupations that you might consider without regard to your gender, race, culture, or ability.

Lesson Objectives

1. Students will expand awareness of a variety of occupations.
2. Students will consider occupations without regard to gender stereotypes.

Assessment

1. Students will participate in the class discussion about nontraditional occupations (informal assessment/observation).
2. Students will make a short oral or written presentation in which they describe a person who is working in a nontraditional occupation. The person can be someone they know, a famous person, a character from a story they have read, or a character from a TV show or the movies.

Preparation

- Prior Learning—N/A
- Handouts/Worksheets—*You Can Do It!* handout
- Resources—N/A
- Time Required—45 minutes plus time for presentations

Procedures

- Ask students to name occupations with which they are familiar. List these on the board.
- Discuss each occupation individually. Ask students if they think that the occupation is primarily for males or females (note with an M or F for each occupation).
- Give each student a copy of the *You Can Do It!* handout.
- Allow students to select personal abilities from the list they think apply to each of the jobs.
- After all the occupations are discussed, have the students find the common abilities needed by most jobs.

- Point out to the students that most of the “male” and “female” occupations require many of the same personal abilities in workers. Those abilities are related to being a good worker....not just to males or females.
- Ask students to check-off the personal abilities they have right now.
- Continue the discussion by explaining that in the past, jobs were often thought of as either male or female in nature. Times have changed!
- Give examples of men and women working in nontraditional occupations.
- Have students make a short oral or written presentation in which they describe a person who is working in a nontraditional occupation. The person can be someone they know, a famous person, a character from a story they have read, or a character from a TV show or the movies.

You Can Do It!

Personal Abilities

- A. Know how to help people
- B. Able to read well
- C. Be a good driver
- D. Able to lift heavy things
- E. Know how to type/keyboard well
- F. Able to do things quickly and correctly
- G. Able to understand people
- H. Able to run machinery
- I. Know how to get information
- J. Able to talk to people
- K. Able to handle many different situations
- L. Know where things belong
- M. Able to work well with hands
- N. Know how to use computers to get work done
- O. Know how to organize things
- P. Able to follow directions
- Q. Able to get long with and work with all kinds of people
- R. Able to solve problems
- S. Able to think creatively
- T. Able to do math
- U. Other abilities _____