

SOUTH CAROLINA CAREER GUIDANCE EFFECTIVE EXERCISES

TITLE: WORKERS WE KNOW

SUBJECT: Guidance Activity

GRADE LEVEL(S): 6-8

SC Career Guidance Standard/Competency

Learning to Work Standard 1. Students will understand the relationship among personal qualities, education, training and the world of work.

Competency 1.4. Identify a variety of traditional and nontraditional careers

National Career Development Guidelines Goal/Indicator

- Personal Social Development: GOAL PS4. Balance personal, leisure, community, learner, family, and work roles.

Indicator PS4. A3. Give examples of how decisions, factors, and circumstances affect lifestyle.

- Career Management: GOAL CM3. Use accurate, current, and unbiased career information during career planning and management.

Indicator CM3. K5. Identify occupations that you might consider without regard to your gender, race, culture, or ability.

Lesson Objectives

1. Students will learn about an occupation through a personal interview with a worker they know.
2. Students will relate aspects of lifestyle to an occupation.
3. Students will increase awareness of occupations in the community.

Assessment

1. Students will conduct a career interview with someone they know.
2. Students will complete the *Interview Guide* worksheet.
3. Students will collect pictures of workers in the occupation of their interviewee.
4. Students will write a short essay about the relationship between career choices and life style.
5. Optional: Students will create graphs and charts to summarize the information on the Job Bank display and make generalizations about various worker responses.

Preparation

- Prior Learning—N/A
- Handouts/Worksheets—*Interview Guide* worksheet
- Resources—Career Interviewee (student provides), art materials for bulletin board display, Optional: SCOIS, O*Net (www.onetcenter.org), career information books/videos
- Time Required—30-45 minutes for construction of Job Bank bulletin board display, 45-60 minutes for worksheet and discussion, home assignment (interview and essay)

Procedures

Part One (15 minutes plus home assignment—career interview)

- Ask students to interview a family member (parent, guardian or relative) or an approved neighbor or family friend.
- Tell students the class will create a Job Bank display with the information they collect.
- Give students a copy of the *Interview Guide* and review it with them.
- Ask students to bring pictures of people working in the occupation.
- Give students one week in which to complete the career interview and the *Interview Guide* worksheet.

Part Two (30-45 minutes)

- Create the Job Bank display. Have students participate by mounting their Interview Guides and pictures on the bulletin board.

Part Three (30 minutes)

- Engage students in a discussion of their experience. Have them share the highpoints of the career interview.
- Continue discussion by listing of all the different types of jobs found in the community and reasons why certain jobs are found while others are not.
- Suggest to students that they might use SCOIS, O*Net, or visit the library to further explore occupations.
- Brainstorm with students what the term “lifestyle” means. Discuss how a person’s job might impact: the family, leisure time, hours of work, stress, health risks, and more. Be sure students realize that a person’s job impacts lifestyle in more ways than just financial.
- Coordinate with the Language Arts teacher to have students write a short essay about the relationship between career choices and life style.
- Optional: Students create graphs and charts to summarize the information on the Job Bank display and make generalizations about various worker responses.

Interview Guide

Name: _____

Date: _____

Directions: Use this guide for your career interview. Be sure that you get the information you need to answer all of the questions. Write your answers in the spaces below each question.

Occupation _____

Begin your interview by saying *"Please tell me about your job."* Then ask your questions. Remember to be polite and to give the person time to respond.

1. What is the name of your job?
2. What kind of work do you do on the job?
3. Do you work alone or as part of a team?
4. What kind of training do you need to do your job? Do you need to go to college?
5. What are some reasons you chose this job?
6. What do you like about your work?

7. What don't you like about your work?

8. Do you work inside? Do you work outside? Both?

9. Do you wear special clothing for your job? If yes, what special clothes do you wear? Why do you wear special clothes?

10. Tell me about your work schedule....

a. What time do you go to work?

b. What time do you come home from work?

c. About how many hours a week do you usually work?

d. Do you work weekends? Holidays?

11. What are some ways that your job might affect your family and your lifestyle?