

SOUTH CAROLINA CAREER GUIDANCE EFFECTIVE EXERCISES

TITLE: MAKE THE CONNECTION

SUBJECT: Guidance Activity

GRADE LEVEL(S): 3-5

SC Career Guidance Standard/Competency

- Learning to Work: Standard 3. Students will explore careers and the connection of school to work.

Competency 3.2. Identify and describe skills learned in school that are applied at home and in the community.

National Career Development Guidelines Goal/Indicator

- Educational Achievement and Lifelong Learning: GOAL ED1. Attain educational achievement and performance levels needed to reach your personal and career goals.

Indicator ED1.K7. Recognize that your educational achievement and performance can lead to many workplace options.

Lesson Objectives

1. Students will make the connection between subjects and skills they learn in school to specific occupations.

Assessment

1. Students will write a letter to a person who works in an occupation in the field of fitness inviting him/her to speak to the class. The letter will reference what school subjects and skills the student is learning that are important to succeeding in the occupation. Note: the letter can be written to a fictitious or an actual person.

Preparation

- Prior Learning—N/A
- Handouts/Worksheets—N/A
- Resources—phone directories/business listings
- Time Required—45 minutes

Procedures

- Write the word fitness on the chalk/white board and ask students what the word means to them.
- Explain that fitness has become a big business in the U.S.
- Have students brainstorm occupations in the field of fitness (e.g., athletic trainer, aerobics instructor, sports equipment sales associate, yoga instructor, personal trainer).
- Engage students in a discussion of what school subjects are related to the skills needed to be successful in the occupations identified.
- Discussion Points:
 - How much and what kind of education does each of the occupations require?
 - What school subjects are related to preparing for these occupations?

- Help students understand that the subjects they now study and the skills they are now learning relate to many occupations.

- Ask students if they found any particular occupation interesting to them.

- Ask students if they know anyone who works in any of the occupations identified.

• Tell students they are to write a letter to a person who works in an occupation in the field of fitness inviting him/her to speak to the class. The letter will include what school subjects and skills the student is learning that are important to succeeding in the occupation. The letter can be written to a fictitious or an actual person.