

MEMORANDUM

TO: District Superintendents
District Instructional Leaders
Elementary School Principals
Elementary School Health and Physical Education Coordinators

FROM: Kristi D. Austin, PhD
Director, Office of Assessment and Standards

DATE: April 22, 2025

RE: Students Health and Fitness Act Annual Compliance Survey

The Students Health and Fitness Act (SHFA) (S.C. Code § 59-10-10, et seq.) requires each South Carolina school to report the number of minutes of weekly physical education instruction and the number of weekly minutes of physical activity per class for schools with grades K–5. Reports must be listed by school, by individual class, and by grade level. Information is compiled in a summary to be presented to the General Assembly each year by December 1st. This survey will collect the required information from each school serving any grade K–5.

Each school's physical activity director should gather the required information from homeroom teachers and report it in the survey. A unique form has been created for each individual school. Each school's principal will soon receive an email containing the link to their school's survey. Please contact Ben Miedema at bjmiedema@ed.sc.gov if you do not receive your link by Friday, April 25, 2025.

Once the survey is opened it can be saved and reopened later by clicking on "Resume later" at the top right corner. Use the original link provided to continue with your submission. Each school's unique link only allows for the survey to be submitted one time.

The survey contains an option to enter the number of minutes of dance instruction received by a certified dance education specialist. A value should only be entered if dance instruction is given to all students in a class and is based on the South Carolina Dance

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Standards and dance components of the South Carolina Physical Education Standards.

Dance instruction can account for no more than 25 percent of the total physical education minutes received if all students in a given class participate in the dance instruction.

A guided step by step information session on how to complete the survey will be provided during the Health & Physical Education April Virtual Office Hours on April 22 beginning at 3:45 p.m. Interested individuals should complete the [registration form](#) for the April Virtual Office Hours.

All data will be entered directly into the online form using the link provided to each school's principal via email. Enter your survey data using the link provided to the principal no later than 5:00 p.m. on June 15, 2025.

Please contact Ben Miedema at bjmiedema@ed.sc.gov with questions.