



**STATE OF SOUTH CAROLINA**  
**DEPARTMENT OF EDUCATION**

**MEMORANDUM**

**TO:** District Superintendents  
District Instructional Leaders  
Elementary School Health and Physical Education Coordinators

**FROM:** Christina S. Melton, Ed.D.  
Director, Office of Assessment and Standards

**DATE:** April 4, 2023

**RE:** Student Health and Fitness Act Annual Compliance Surveys

The Students Health and Fitness Act (SHFA) (S.C. Code § 59-10-10, et seq.) requires each South Carolina school district to report the number of minutes of daily physical education instruction, the number of minutes of daily physical activity, and a total of both to reflect the combined number of minutes per week. Reports must be listed by elementary school, by individual class, and by grade level. Information is compiled in a summary to be presented to the General Assembly by December first of each year.

Each elementary school's physical activity director should gather the required information from homeroom teachers and upload it into the survey. The template spreadsheet contains an option to enter the number of minutes of dance instruction received by a certified dance education specialist. A value should only be entered if dance instruction is given to all students in a class and is based on the South Carolina Dance Standards and dance components of the South Carolina Physical Education Standards. Dance instruction can account for no more than 25 percent of the total physical education minutes received if all students in a given class participate in the dance instruction.

This [spreadsheet template](#) should be submitted along with your [survey data submission](#) no later than **5:00 p.m. on June 15, 2023**.

Please contact Ben Miedema at [bjmiedema@ed.sc.gov](mailto:bjmiedema@ed.sc.gov) with questions.