

# Parenting Education 1

Course Code 5816

Parenting Education 1 teaches students the hardships of parenting but also valuable skills that can be used later in life. Students learn about children's growth and development, how parenting influences the health and wellness of children, roles and responsibilities of parenting, the importance of planning before becoming a parent, and the challenges adolescents encounter as a parent, the importance of planning to become a parent, and parenting education career pathways and professionalism. Workplace Readiness Skills are incorporated throughout the course learning experiences. Family, Career, and Community Leaders of America (FCCLA) is a Career and Technical Student Organization (CTSO) that extends the classroom learning experience through leadership development activities and student competitions.

**Credit:** 1 unit (120 hours)

**National Certification** Advanced Child Care Certification  
CPR AED Certification  
Broad Field Family and Consumer Sciences  
Assessment/Credential

**Recommended grades:** 9-12

**Prerequisite:** none

**Instructional Material Information:** [Comprehensive Listing of State Adopted Instructional Materials for Middle and High Schools](#)

## Employment Opportunities:

**High School Education:** preschool aide, family child care provider, and recreation aide

**Postsecondary Education:** child care supervisor, special education aide, preschool teacher, and after-school program supervisor, parent educator/liaison

**Postgraduate Education:** family and consumer sciences teacher, preschool director, kindergarten, elementary, middle, or secondary teacher, children's center supervisor, child psychologist, adoption specialist, social worker, child care center inspectors

# **Parenting Education 1**

**Course Code 5816**

## **Standards Revision Committee**

### **Secondary Representative**

Babbett Hagan

FCS Instructor

### **Postsecondary/Business/Industry Representative**

Dr. LaToya Johnson

South Carolina State University

Anna Sumabat Turner

FCS Professional

### **South Carolina Department of Education Representatives**

Dana Depew

Office of Career and Technical Education

Dr. Eleanor Glover Gladney

Office of Career and Technical Education

# Parenting Education 1

Course Code 5816

## 21<sup>st</sup> Century Skills Checklist

21<sup>st</sup> Century Skills are integrated throughout the course content.

## Academic Alignment Key

ELA – English Language Arts	ES – Earth Science
EA – Elementary Algebra	ECON – Economics and Personal Finance
G – Geometry	HG – Human Geography
PC - Pre-Calculus	USHC – United States History and Constitution
PS – Probability and Statistics	USG – United States Government
B - Biology	ISTE – International Society for Technology in
P - Physics	Education

## Standards and Indicators Information

The Child Development 1 standards integrate the tenets of the Depth of Knowledge (DOK) to lead to demanding cognition and high expectations in instruction and assessment. The indicators follow the Five E Instructional Model which is a five-stage teaching sequence that helps students build their understanding and new ideas.

### Five E Instructional Model

**Engage** is designed to pique student interest and get them personally involved in the instruction, and adding a mechanism to pre-assess prior knowledge.

**Explore** gets students involved in the topic and provides an opportunity to build their understanding.

**Explain** involves opportunities to communicate and describe what is learned at different intervals of the instruction.

**Elaborate** allows students to use their new knowledge and go beyond to explore implications of the new knowledge.

**Evaluate** is an opportunity to determine how much learning and understanding has taken place for the students and the teachers.

# Parenting Education 1

Course Code 5816

Students will demonstrate 21<sup>ST</sup> Century Workplace Readiness Skills.

## Personal Qualities and Abilities

1. **Creativity and Innovation:** Employs originality, inventiveness, and resourcefulness in the workplace
2. **Critical Thinking and Problem-Solving:** Uses sound reasoning to analyze problems, evaluate potential solutions, and implement effective courses of action
3. **Initiative and Self-Direction:** Independently looks for ways to improve the workplace and accomplish tasks
4. **Integrity:** Complies with laws, procedures, and workplace policies; demonstrates honesty, fairness, and respect
5. **Work Ethic:** Consistently works to the best of one's ability and is diligent, dependable, and accountable for one's actions

## Interpersonal Skills

6. **Conflict Resolution:** Negotiates diplomatic solutions to interpersonal and workplace issues
7. **Listening and Speaking:** Listens attentively and asks questions to clarify meaning; articulates ideas clearly in a manner appropriate for the setting and audience
8. **Respect for Diversity:** Values individual differences and works collaboratively with people of diverse backgrounds, viewpoints, and experiences
9. **Customer Service Orientation:** Anticipates and addresses the needs of customers and coworkers, providing thoughtful, courteous, and knowledgeable service
10. **Teamwork:** Shares responsibility for collaborative work and respects the thoughts, opinions, and contributions of other team members

## Professional Competencies

11. **Big Picture Thinking:** Understands one's role in fulfilling the mission of the workplace and considers the social, economic, and environmental impacts of one's actions
12. **Career and Life Management:** Plans, implements, and manages personal and professional development goals related to education, career, finances, and health
13. **Continuous Learning and Adaptability:** Accepts constructive feedback well and is open to new ideas and ways of doing things; continuously develops professional skills and knowledge to adjust to changing job requirements
14. **Efficiency and Productivity:** Plans, prioritizes, and adapts work goals to manage time and resources effectively

# Parenting Education 1

Course Code 5816

## Professional Competencies (cont.)

15. **Information Literacy:** Locates information efficiently, evaluates the credibility and relevance of sources and facts, and uses information effectively to accomplish work-related tasks
16. **Information Security:** Understands basic Internet and email safety and follows workplace protocols to maintain the security of information, computers, networks, and facilities
17. **Information Technology:** Maintains a working knowledge of devices, resources, hardware, software, systems, services, applications, and IT conventions
18. **Job-Specific Tools and Technologies:** Knows how to select and safely use industry-specific technologies, tools, and machines to complete job tasks effectively
19. **Mathematics:** Applies mathematical skills to complete tasks as necessary
20. **Professionalism:** Meets organizational expectations regarding work schedule, behavior, appearance, and communication
21. **Reading and Writing:** Reads and interprets workplace documents and writes effectively
22. **Workplace Safety:** Maintains a safe work environment by adhering to safety guidelines and identifying risks to self and others

[Workplace Readiness Skills for the Commonwealth](#) was developed by the Virginia Department of Education's Office of Career, Technical, and Adult Education, in cooperation with the University of Virginia's Weldon Cooper Center for Public Service, the Career and Technical Education Consortium of States and Virginia's CTE Resource Center.

# **Parenting Education 1**

**Course Code 5816**

## **A. Growth and Development**

### **A1. Analyze parenting practices that promote growth and development.**

1. Engage: Compare parenting and nurturing practices.
2. Explore: Discuss communication strategies that promote development and well-being of children and families.
3. Explain: Describe parenting practices that promote growth and development.
4. Extend: Examine the effects of abuse and neglect on growth and development.
5. Evaluate: Assess community resources for parents that promote growth and development.

## **B. Health and Wellness**

### **B1. Analyze parental factors that influence health and wellness practices.**

1. Engage: Identify parental financial stability impacts on health and wellness.
2. Explore: Determine parental cultural impacts on health and wellness.
3. Explain: Discuss parental impact on physical health and wellness.
4. Extend: Analyze parental impact on intellectual health and wellness.
5. Evaluate: Evaluate how parental beliefs and outlook impacts health and wellness.

## **C. Parenthood Roles and Responsibilities**

### **C1. Analyze the roles and responsibilities of parenting.**

1. Engage: Compare the roles and responsibilities of parents.
2. Explore: Explore societal influences on parenting roles.
3. Explain: Explain methods of guidance and discipline.
4. Extend: Differentiate parenting roles and responsibilities from various cultures.
5. Evaluate: Evaluate the effects of parenting roles and responsibilities on strengthening the well-being of individuals and families.

# **Parenting Education 1**

**Course Code 5816**

## **D. Adolescent Parenthood**

### **D1. Analyze challenges associated with adolescent parenthood.**

1. Engage: Identify issues associated with adolescent pregnancy. (social stigmas)
2. Explore: Explain the importance of prenatal care during an adolescent pregnancy.
3. Explain: Describe the roles and responsibilities of the adolescent father, adolescent mother, and extended family members.
4. Extend: Analyze the importance of a support network for adolescent parent(s).
5. Evaluate: Evaluate social programs and resources that benefit adolescent parent(s), their children, and support networks.

## **E. Planning to Parent**

### **E1. Evaluate factors to consider before becoming a parent.**

1. Engage: Investigate alternatives to biological parenthood.
2. Explore: Explore biological factors related to prenatal development, birth, and health of the child and mother.
3. Explain: Describe social, emotional, and environmental factors of prenatal development and birth.
4. Extend: Analyze the impact of parenting education on the well-being of children.
5. Evaluate: Evaluate the importance of support systems for parents.

## **F. Career Pathways and Professionalism**

### **F1. Examine career pathways and professional skills related to parenting education.**

1. Engage: Analyze personal qualities and interests.
2. Explore: Examine potential career opportunities to determine qualifications associated with each career.
3. Explain: Describe future-ready career planning strategies that lead to success.
4. Extend: Demonstrate 21st Century workplace skills.
5. Evaluate: Assess artifacts for a personal career portfolio.