

South Carolina Esthetics Secondary Standards



**South Carolina Department of Education
Columbia, South Carolina**

August 2020

SECONDARY ESTHETICS ACADEMIC STANDARDS

Esthetics prepares individuals to cleanse, depilate, massage, and beautify the human body and to function as licensed estheticians and skin care specialists. Instruction includes skin anatomy, physiology, and health; principles of nutrition; decontamination and infection control; health and safety; facial and body massage; body wrapping and spa treatments; temporary hair removal including waxing and tweezing; color and skin analysis; client consultation and care; applicable laws and regulations; business practices; and, sometimes, related alternative healing regimens. Students receive additional hours required by the South Carolina Department of Education to prepare them to make a seamless transition to the medical aspects of Aesthetics.

Required Courses and Codes: Esthetics 1 - 6162
Esthetics 2 - 6163
Esthetics 3 - 6164
Esthetics 4 - 6165

Concentrator Courses: Esthetics 1, Esthetics 2

Grade Level: 11-12

Required Maximum Class Size: 20

Prerequisite: Courses taken sequentially;

Esthetics 2 – Pass Esthetics 1 with a minimum of a 75 average and a minimum of 120 clock hours

Esthetics 3 – Pass Esthetics 2 with a minimum of a 75 average and a minimum of 240 clock hours

Esthetics 4 – Pass Esthetics 3 with a minimum of a 75 average and a minimum of 360 clock hours

Completer Requirements: (450 hours Esthetics Clock Hours and 30 hours SC Department of Education and a minimum four units of to be a completer.)

Program Development: South Carolina Department of Labor, Licensing, and Regulation Cosmetology Board [[SCLLRBC](#)]

South Carolina Licensure: PSI Testing Excellence [[PSI](#)]

SECTION 40-13-230. Qualifications for licensure; cosmetologist; esthetician; nail technician. [[Chap13](#)]

(B) A license as an esthetician must be issued by the board to a person who:

(1) is at least sixteen years of age and possesses at least a tenth grade education or the equivalent as established by tests used in the public schools or tests approved by the board;...

National Interstate Council (NIC) of State Boards of Cosmetology, Inc.: Theory and Practical Examination Information [[NIC®](#)]

SECONDARY ESTHETICS ACADEMIC STANDARDS

South Carolina Labor, Licensing, and Regulations (SCLLR) Requirements:

SC Code of Laws Title 40 – Professions and Occupations Chapter 13 Cosmetology and Cosmetologists
[\[SCCOL\]](#)

Chapter 35 Department of Labor, Licensing, and Regulation-State Board of Cosmetology [\[REGS\]](#)

35-1. Application for Approval to Operated Schools of Cosmetology, Nail Technology, or Esthetics

35-2. School of Cosmetology Building Requirements

35-3. Minimum Curriculum for a School of Cosmetology, Nail Technology, or Esthetics

35-4. Instructor Qualifications; Applications

35.6. Administrative Citations and Penalties

35.7. Cosmetology School Classifications and Transcripts

35.10. General Rules for the Operation of Cosmetology Schools.

35.20. Sanitary and Safety Rules for Salons and Schools.

35.23. Continuing Education Requirements; Expired Licenses.

35.24. Continuing Education Programs.

SECONDARY ESTHETICS ACADEMIC STANDARDS

Acknowledgments

Names/Place of Employment

Karen Bruce

J. Harley Bonds Career Center

Dana Depew

South Carolina Department of Education

Charmaine Greene

Williamsburg Technical College

Latoya Johnson

South Carolina State University

Names/Place of Employment

Billie Chegin

Keenan High School

Dr. Eleanor Glover Gladney

South Carolina Department of Education

Dr. Zoraida Harley

Orangeburg Technology Center

Karen York

Greenville Technical College

SECONDARY ESTHETICS ACADEMIC STANDARDS

PROGRAM LEARNING OUTCOMES: WORKPLACE READINESS SKILLS

Personal Qualities and People Skills

1. **Positive Work Ethic:** Comes to work every day on time, is willing to take direction, and is motivated to accomplish the task at hand
2. **Integrity:** Abides by workplace policies and laws and demonstrates honesty and reliability
3. **Teamwork:** Contributes to the success of the team, assists others, and requests help when needed
4. **Self-Representation:** Dresses appropriately and uses language and manners suitable for the workplace
5. **Diversity Awareness:** Works well with all customers and coworkers
6. **Conflict Resolution:** Negotiates diplomatic solutions to interpersonal and workplace issues
7. **Creativity And Resourcefulness:** Contributes new ideas and works with initiative

Professional Knowledge and Skills

8. **Speaking And Listening:** Follows directions and communicates effectively with customers and fellow employees
9. **Reading And Writing:** Reads and interprets workplace documents and writes clearly
10. **Critical Thinking And Problem Solving:** Analyzes and resolves problems that arise in completing assigned tasks
11. **Health And Safety:** Follows safety guidelines and manages personal health
12. **Organizations, Systems, and Climates:** Identifies "big picture" issues and his or her role in fulfilling the mission of the workplace
13. **Lifelong Learning:** Continually acquires new industry-related information and improves professional skills
14. **Job Acquisition and Advancement:** Prepares to apply for a job and to seek promotion
15. **Time, Task and Resource Management:** Organizes and implements a productive plan of work
16. **Mathematics:** Uses mathematical reasoning to accomplish tasks
17. **Customer Service:** Identifies and addresses the needs of all customers, providing helpful, courteous, and knowledgeable service

Technology Knowledge and Skills

18. **Job-Specific Technologies:** Selects and safely uses technological resources to accomplish work responsibilities in a productive manner
19. **Information Technology:** Uses computers, file management techniques, and software/programs effectively
20. **Internet Use And Security:** Uses the Internet appropriately for work
21. **Telecommunications:** Selects and uses appropriate devices, services, and applications

SECONDARY ESTHETICS ACADEMIC STANDARDS

Basic course for a School of Esthetics Subjects – 450 SCLLR Curriculum Hours + 30 SCDE Hours	SCDE+ SCLLR Hours
1) Professional Practices (5 SCDE + 50 SCLLR)	55
(a) Bacteriology and Sanitation	
(i) Personal hygiene	
(ii) Public health	
(iii) Methods	
(iv) Procedures	
(b) Business Practices	
(i) Management practices	
(ii) Salon development	
(iii) Insurance	
(iv) Client records	
(v) Salesmanship	
(2) Sciences (10 SCDE + 120 SCLLR)	130
(a) Histology of Skin	
(i) Cell	
(ii) Tissue	
(b) Dermatology	
(i) Structure of the skin and glands	
(ii) Functions of the skin and glands	
(iii) Conditions and disorders of the skin	
(iv) Characteristics of the skin	
(A) Elasticity	
(B) Color	
(C) Skin types	
(v) Nutrition	
(A) Nourishment of skin	
(B) Healthful diet	
(c) Structure and Functions of Human Systems	
(i) Skeletal	
(ii) Muscular	
(iii) Nervous	
(iv) Circulatory	
(d) Cosmetic Chemistry	
(3) Facial Treatments (10 SCDE + 125 SCLLR)	135

SECONDARY ESTHETICS ACADEMIC STANDARDS

Basic course for a School of Esthetics Subjects – 450 SCLLR Curriculum Hours + 30 SCDE Hours	SCDE+ SCLLR Hours
(a) Facial Massage	
(i) Benefits	
(ii) Analysis	
(iii) Preparation	
(iv) Types of Massage	
(v) Manipulations	
(vi) Safety measures	
(b) Electrical current--facial treatments	
(i) Types of current	
(ii) Purpose and effects	
(iii) Procedures	
(iv) Safety measures	
(v) Equipment	
(c) Other kinds of Facial treatments	
(i) Purpose and effects	
(ii) Types and treatments	
(iii) Preparation	
(iv) Procedures	
(v) Safety measures	
(4) Hair Removal (1 SCDE + 50 SCLLR)	51
(a) Depilatories	
(b) Tweezing	
(c) Waxing	
(d) Threading	
(e) Unassigned: Specific Needs	
(5) Makeup (2 SCDE + 50 SCLLR)	52
(a) Purpose and effects	
(b) Supplies and implements	
(c) Preparation	
(d) Procedures	
(e) Safety measures	
(6) Body Wraps (2 SCDE + 40 SCLLR)	42
(a) Purpose and effects	
(b) Types or treatments	

**SECONDARY ESTHETICS
ACADEMIC STANDARDS**

Basic course for a School of Esthetics Subjects – 450 SCLLR Curriculum Hours + 30 SCDE Hours	SCDE+ SCLLR Hours
(c) Supplies and instruments	
(d) Preparation	
(e) Procedure	
(f) Safety measures	
(7) State Law, Rules, Regulations and Codes	15
TOTAL HOURS	480

**SECONDARY ESTHETICS
ACADEMIC STANDARDS**

<u>Basic Course for a School of Esthetics Subjects</u>	Clock Hours	Competencies/Indicators
(1) Professional Practices (a) Bacteriology and Sanitation (i) Personal Hygiene (ii) Public Health (iii) Methods (iv) Procedures (b) Business Practices (i) Management Practices (ii) Salon Development (iii) Insurance (iv) Client Records (v) Salesmanship	50 Clock Hours + 5 SCDE Hours	Competency: Demonstrate bacteriology, sanitation, and business practices. <ul style="list-style-type: none"> • Explain the importance of and demonstrate professional hygiene and grooming. • Describe the types and classifications of bacteria. • Define hepatitis and aids and explain how they are transmitted. • Describe vegetable and animal parasites that may be found in the salon. • Demonstrate how to safely sanitize and disinfect various salon tools and surfaces. • Demonstrate Universal Precautions and the responsibilities of a salon professional. • Explain state laws and regulations about sanitation. • Distinguish between professional and unprofessional workplace attire. • Explain origin and historical advancement of the esthetics profession. • Identify esthetics related careers including education, salary, and labor market information. • Demonstrate career seeking and keeping skills. • Describe the qualities that help new employees succeed in the esthetics profession. • Demonstrate professional communication skills by using esthetics terminology. • Demonstrate professional ethical characteristics. • Demonstrate professional marketing skills. • Demonstrate professional practices when taking the NIC <u>Theory</u> and <u>Practical</u> Examinations.

**SECONDARY ESTHETICS
ACADEMIC STANDARDS**

<u>Basic Course for a School of Esthetics Subjects</u>	Clock Hours	Competencies/Indicators
(2) Sciences (a) Histology of Skin (i) Cell (ii) Tissue (b) Dermatology (i) Structure of the skin and glands (ii) Functions of the skin and glands (iii) Conditions and disorders of the skin (iv) Characteristics of the skin (A) Elasticity (B) Color (C) Skin Types (v) Nutrition (A) Nourishment of skin (B) Healthful diet (C) Structure and Functions of Human Systems (i) Skeletal (ii) Muscular (iii) Nervous (iv) Circulatory (v) Cosmetic Chemistry	120 Clock Hours + 10 hours SCDE	Competency: Analyze the physiology and histology of the body and skin. <ul style="list-style-type: none"> • Explain the importance of physiology and histology of the skin to the Esthetics profession. • Describe cells, their structure and functions. • Define tissue and identify the types of tissue found in the body. • Examine the structure, function, and composition of the skin and glands. • Analyze the structure and function of the skin when identifying skin types, conditions and disorders. • Differentiate skin disorders treated in the salon with those that are referred to a physician. • Recommend treatment for different skin types and conditions. • Describe the characteristics of the skin. • Describe the aging process and the factors that impact the aging of the skin. • Analyze nutrition and how it nourishes the skin • Explain dietary guidelines and healthy diets for the skin. • Analyze body systems their structure and specific functions. • Differentiate terms related to cosmetic chemistry. • Explain the difference between organic and inorganic chemistry. • Discuss the different forms of matter: elements, compounds, and mixtures. • Explain pH and the pH scale. • Describe chemical reactions for various products and mixtures and the relationship to Esthetic services. • Analyze cosmetic chemistry and identify its purpose and functions. • Demonstrate scientific knowledge and practices when taking the NIC <u>Theory</u> and <u>Practical</u> Examinations.

**SECONDARY ESTHETICS
ACADEMIC STANDARDS**

<u>Basic Course for a School of Esthetics Subjects</u>	Clock Hours	Competencies/Indicators
(3) Facial Treatments (a) Facial Massage (i) Benefits (ii) Analysis (iii) Preparation (iv) Types of Massage (v) Manipulations (vi) Safety measures (b) Electrical current-- facial treatments (i) Types of current (ii) Purpose and effects (iii) Procedures (iv) Safety measures (c) Other kinds of Facial treatments (i) Purpose and effects (ii) Types and treatments (iii) Preparation (iv) Procedures (v) Safety measures	125 Clock Hours + 10 SCDE	Competency: Demonstrate facial treatment procedures and the safe use of electrical equipment. <ul style="list-style-type: none"> • Apply safety precautions. • Demonstrate pre- and post-preparation services. • Explain the benefits of a facial massage. • Analyze the skin to determine the appropriate facial treatment. • Identify the various types of massage movements and manipulations. • Perform electrical facial massages for specific skin types and conditions. • Describe the different types, purposes, and effects of electrical currents. • Demonstrate the operation of machines and electrical equipment procedures safely and appropriately while conducting facial treatments. • Describe other facial treatments and include the purpose, effects, types, treatments, and procedures. • Perform a variety of facial treatments safely based on client consultation. • Describe the different types of skin care products and their benefits. • Apply safety measures during facial massages. • Demonstrate facial treatments knowledge and skills when taking the NIC <u>Theory</u> and <u>Practical</u> Examinations.

SECONDARY ESTHETICS ACADEMIC STANDARDS

<u>Basic Course for a School of Esthetics Subjects</u>	Clock Hours	Competencies/Indicators
(4) Hair Removal (a) Depilatories (b) Tweezing (c) Waxing (d) Threading (e) Unassigned: Specific Needs	50 Clock Hours + 1 SCDE Hour	Competency: Analyze hair removal procedures. <ul style="list-style-type: none"> • Describe techniques involved in temporary hair removal. • Describe the elements of a client consultation for hair removal. • Explain the conditions that contraindicate hair removal in the salon. • Demonstrate safety precautions when performing temporary hair removal services. • Describe techniques involved in permanent hair removal. • Explain the conditions that contraindicate hair removal in the salon. • Demonstrate safety precautions when performing permanent hair removal services. • Demonstrate hair removal knowledge and skills when taking the NIC <u>Theory</u> and <u>Practical</u> Examinations.
(5) Makeup (a) Purpose and effects (b) Supplies and implements (c) Preparation (d) Procedures (e) Safety measures	50 Clock Hours + 2 Clock Hours	Competency: Apply makeup based on individual client consultation. <ul style="list-style-type: none"> • Demonstrate pre- and post-preparation services. • Explain the purpose and effects of makeup. • Identify supplies and implements based on makeup services. • Demonstrate a basic makeup procedure. • Demonstrate the application and removal of artificial lashes. • Identify different facial types and explain procedures for corrective makeup. • Describe the different types of make-up and their uses. • Apply safety measures to be followed during make-up application. • Demonstrate makeup knowledge and skills when taking the NIC <u>Theory</u> and <u>Practical</u> Examinations.

**SECONDARY ESTHETICS
ACADEMIC STANDARDS**

<u>Basic Course for a School of Esthetics Subjects</u>	Clock Hours	Competencies/Indicators
(6) Body Wraps (a) Purpose and effects (b) Types or treatments (c) Supplies and instruments (d) Preparation (e) Procedure (f) Safety measures	40 Clock Hours + 2 Clock Hours	Competency: Analyze the purpose, effects, and contraindications of body wraps. <ul style="list-style-type: none"> • Demonstrate pre- and post-preparation services. • Describe the purpose and effects of body wraps. • Explain the different types or treatments for body wrap services. • Identify body wrap supplies and instruments based on services provided. • Demonstrate the procedures for body wraps. • Demonstrate safety measures when performing body wrap services. • Demonstrate makeup knowledge and skills when taking the NIC <u>Theory</u> and <u>Practical</u> Examinations.
(7) State Law, Rules, Regulations and Codes	15 Clock Hours	Competency: Analyze state laws, regulations, and codes. <ul style="list-style-type: none"> • Describe how state law, regulations and codes are developed and enforced. • Examine the components of a salon inspection. • Compile information in preparation for the esthetician license. • Explain unlawful practices for a salon and grounds for disciplinary actions. • Perform a simulated salon inspection. • Complete the steps for esthetician license.

SECONDARY ESTHETICS ACADEMIC STANDARDS

References

- National-Interstate Council of State Boards of Cosmetology (NIC). (2016). National Cosmetology Practical Examination. Retrieved from https://nictesting.org/testing-program/?exam_category=3&type=8&language=0
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