

CHILD DEVELOPMENT 1
Academic Standards
Course Code: 5800

Child Development 1 focuses on growth and development from infancy to toddler - the physical, social, emotional, and cognitive growth and development of children. Helping students acquire knowledge and skills essential to children's quality care, and practical guidance is emphasized. Students learn to create environments that promote optimal development. Students will explore factors influencing a child's development from conception through childhood. Students will have numerous opportunities to engage in service and project-based learning throughout the course. The National Family and Consumer Sciences (FCS) Standards and National Association for the Education of Young Children (NAEYC) standards align with the Child Development 1 course standards. High-quality elements offer opportunities for students to experience work-based learning and earn dual credits and industry-recognized certifications.

This course is aligned with Dual Enrollment Growth and Development 1 (ECD 102) for dual credit for CTE completer status or articulation opportunities. Integration of the intracurricular Career and Technical Student Organization (CTSO) Family and Consumer Sciences student organization, Family Careers, and Community Leaders of America (FCCLA) standards allow students to develop leadership skills and demonstrate technical skills.

Credit	1 unit (120 hours)
Recommended Grades	9-12
Class Size	24
Prerequisite	None
National Certification(s)	First Aid/CPR, ServSafe® Food Handler
National Standard Alignment	<u>National Association of the Education of Young Children (NAEYC)</u>
Instructional Material Information	<u>Comprehensive Listing of State Adopted Instructional Materials for Middle and High Schools</u>
Dual Credit for CTE Completer Status (Memorandum Of Agreement needed)	Dual Enrollment Growth and Development 1 (ECD 102)

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Employment Opportunities

Less than a Baccalaureate Degree:

child care workers, early childhood assistant, elementary assistant, group worker and assistant, nanny, special education assistant

Advanced Training/Baccalaureate Degree:

child care director, child life specialist, coach, physical trainer, teacher

Advanced Degree:

child psychologist, college/university faculty, guidance counselors, speech therapists

Standards Revision Committee

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21st Century Skills Checklist

21st Century Skills are integrated throughout the course content.

Academic Alignment Key

ELA – English Language Arts
EA – Elementary Algebra
G – Geometry
PC - Pre-Calculus
PS – Probability and Statistics
B - Biology
P - Physics

ES – Earth Science
ECON – Economics and Personal Finance
HG – Human Geography
USHC – United States History and Constitution
USG – United States Government
ISTE – International Society for Technology in
Education

Standards and Indicators Information

The Child Development 1 standards integrate the Depth of Knowledge (DOK) tenets to lead to demanding cognition and high expectations in instruction and assessment. The indicators follow the Five E Instructional Model, which is a five-stage teaching sequence that helps students build their understanding and new ideas.

[Five E Instructional Model](#)

Engage is designed to pique student interest and get them personally involved in the instruction and adding a mechanism to pre-assess prior knowledge.

Explore gets students involved in the topic and provides an opportunity to build their own understanding.

Explain involves opportunities to communicate and describe what is learned at different intervals of the instruction.

Elaborate allows students to use their new knowledge and go beyond to explore implications of the new knowledge.

Evaluate is an opportunity to determine how much learning and understanding has taken place for the students and the teachers.

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Students will demonstrate 21st Century Workplace Readiness Skills

Personal Qualities and Abilities

1. **Creativity and Innovation:** Employs originality, inventiveness, and resourcefulness in the workplace
2. **Critical Thinking and Problem-Solving:** Uses sound reasoning to analyze problems, evaluate potential solutions, and implement effective courses of action
3. **Initiative and Self-Direction:** Independently looks for ways to improve the workplace and accomplish tasks
4. **Integrity:** Complies with laws, procedures, and workplace policies; demonstrates honesty, fairness, and respect
5. **Work Ethic:** Consistently works to the best of one's ability and is diligent, dependable, and accountable for one's actions

Interpersonal Skills

1. **Conflict Resolution:** Negotiates diplomatic solutions to interpersonal and workplace issues
2. **Listening and Speaking:** Listens attentively and asks questions to clarify meaning; articulates ideas clearly in a manner appropriate for the setting and audience
3. **Respect for Diversity:** Values individual differences and works collaboratively with people of diverse backgrounds, viewpoints, and experiences
4. **Customer Service Orientation:** Anticipates and addresses the needs of customers and coworkers, providing thoughtful, courteous, and knowledgeable service
5. **Teamwork:** Shares responsibility for collaborative work and respects the thoughts, opinions, and contributions of other team members

Professional Competencies

1. **Big Picture Thinking:** Understands one's role in fulfilling the mission of the workplace and considers the social, economic, and environmental impacts of one's actions
2. **Career and Life Management:** Plans, implements, and manages personal and professional development goals related to education, career, finances, and health
3. **Continuous Learning and Adaptability:** Accepts constructive feedback well and is open to new ideas and ways of doing things; continuously develops professional skills and knowledge to adjust to changing job requirements
4. **Efficiency and Productivity:** Plans, prioritizes, and adapts work goals to manage time and resources effectively
5. **Information Literacy:** Locates information efficiently, evaluates the credibility and relevance of

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sources and facts, and uses information effectively to accomplish work-related tasks

6. **Information Security:** Understands basic Internet and email safety and follows workplace protocols to maintain the security of information, computers, networks, and facilities
7. **Information Technology:** Maintains a working knowledge of devices, resources, hardware, software, systems, services, applications, and IT conventions
8. **Job-Specific Tools and Technologies:** Knows how to select and safely use industry-specific technologies, tools, and machines to complete job tasks effectively
9. **Mathematics:** Applies mathematical skills to complete tasks as necessary
10. **Professionalism:** Meets organizational expectations regarding work schedule, behavior, appearance, and communication
11. **Reading and Writing:** Reads and interprets workplace documents and writes effectively
12. **Workplace Safety:** Maintains a safe work environment by adhering to safety guidelines and identifying risks to self and others

[Workplace Readiness Skills for the Commonwealth](#) was developed by the Virginia Department of Education's Office of Career, Technical, and Adult Education, in cooperation with the University of Virginia's Weldon Cooper Center for Public Service, the Career and Technical Education Consortium of States and Virginia's CTE Resource Center.

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A. Parenting Roles and Responsibilities

A1. Analyze parenting roles and responsibilities.

1. **Engage:** Compare different parenting styles.
2. **Explore:** Identify reasonable expectations for children.
3. **Explore:** Determine parenting responsibilities.
4. **Extend:** Recommend effective methods for guiding positive behavior.
5. **Evaluate:** Evaluate various child care options

B. Pregnancy and Prenatal Development

Bl. Examine characteristics of prenatal care, pregnancy, and childbirth.

1. **Engage:** Describe potential changes that occur due to pregnancy.
2. **Explore:** Analyze the prenatal development of a baby. (defects - and complication)
3. **Explain:** Describe the signs of pregnancy.
4. **Extend:** Summarize the labor and delivery process.
5. **Evaluate:** Evaluate the ways nutrition impacts mother and child.

C. Growth and Development

C1. Analyze the principles of growth and development during the infancy and toddler stages.

1. **Engage:** Describe developmental characteristics and behaviors of children as an infant and toddler.
2. **Explore:** Explore the developmental domains of infants and toddlers.
3. **Explain:** Analyze the influence of heredity and environment on development.
4. **Extend:** Determine how play affects growth and development.
5. **Evaluate:** Evaluate developmental theories.

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D. Health and Safety

D1. Analyze health and safety practices.

1. **Engage:** Demonstrate health, hygiene, and safety practices.
2. **Explore:** Identify symptoms and treatments for childhood diseases/illnesses.
3. **Explain:** Explore the effects of child abuse and neglect.
4. **Extend:** Propose practices that improve well-being (physical, social, emotional, oral, and mental).
5. **Evaluate:** Assess safety hazards in different childcare environments.

E. Community Relationships

E1. Analyze the importance of community engagement in the development of children.

1. **Engage:** Describe how a child's community can affect their overall development (Bronfenbrenner).
2. **Explore:** Identify community-based resources that support the development of children.
3. **Explain:** Assess the various community relationship opportunities.
4. **Extend:** Explain the role of support systems and resources.
5. **Evaluate:** Evaluate best practices for engaging/establishing relationships with the community.

F. Career Pathways and Professionalism

F1. Analyze career options and employability skills.

1. **Engage:** Compare several potential employment opportunities for personal career goals (*duties/responsibilities, work environment, the education/training required to achieve the career, etc.*).
2. **Explore:** Investigate laws and regulations about career goals.
3. **Explain:** Explain how employability skills, professionalism, and work ethics affect career success.
4. **Extend:** Exhibit leadership skills and abilities in school, workplace, and community settings (student and professional organizations).
5. **Evaluate:** Evaluate factors that contribute to maintaining safe and healthy school, work, and community environments.