

Chapter 29: Program Resources

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A wide variety of resources are available to assist SFAs in expanding their knowledge of Child Nutrition Programs, nutrition, and nutrition education. This chapter will explain how to obtain training materials, assistance with remodeling or designing a new kitchen, ideas for nutrition education activities in the classroom and cafeteria, materials to use for a nutrition fair, steps for establishing or maintaining a healthy school environment, and much more.

Important Agencies and Organizations

Institute of Child Nutrition (Formerly National Food Service Management Institute) The Institute of Child Nutrition (ICN) was authorized by Congress in 1989 and was permanently authorized in 1994. ICN conducts research, as well as designs and delivers a variety of training courses tailored to the unique needs of child nutrition programs. Trainers are available upon request, but many classes and videos can be downloaded from their website.

The Institute of Child Nutrition The University of Mississippi PO Drawer 1848
6 Jeanette Phillips Drive University, MS 38677
Phone: (800) 321-3054
Fax: (800) 321-3061
E-mail: helpdesk@theicn.org
<https://theicn.org>

South Carolina Department of Education (SCDE) – Office of Health and Nutrition The SCDE Office of Health and Nutrition is the state-level administrator for the National School Lunch Program and its related initiatives, including lunch, breakfast, afterschool snacks, USDA Foods (commodities), summer feeding, and the Fresh Fruit and Vegetable Program.

South Carolina Department of Education Office of Health and Nutrition
1429 Senate Street, Suite 700
Columbia, SC 29201
Phone: (803) 734-8188
Fax: (803) 737-4148
www.ed.sc.gov

School Nutrition Association

The School Nutrition Association (SNA) is a professional organization for school nutrition professionals. SNA provides members with education and training, set standards through certification and credentialing, gather and transmit information related to school nutrition, and represent the nutritional interests of all children. Membership is optional and is available for a fee. Benefits of membership include a subscription to School Nutrition magazine, discounts on purchases from the Emporium and on insurance, access to research, marketing, training and promotional materials, the opportunity to attend conferences, the opportunity to become certified and credentialed and more.

School Nutrition Association 700 South Washington Street Suite 300
Alexandria, VA 22314

Phone: (703) 739-3900

Fax: (703) 739-3915

E-mail: servicecenter@schoolnutrition.org www.schoolnutrition.org

School Nutrition Association of South Carolina PO Box 1795

Columbia, SC 29202

Phone: (803) 782-0951

Fax: (803) 790-2723

E-mail: snasc@bellsouth.net www.schoolnutritionsc.org

South Carolina Department of Health and Environmental Control

The South Carolina Department of Health and Environmental Control (DHEC) is responsible for ensuring that all schools prepare, serve and store food safely following the procedures outlined in the current South Carolina Food Code (SC Code of Laws, Regulation 61-25 (“Retail Food Establishments”).

South Carolina Department of Health and Environmental Control 2600 Bull St.

Columbia, SC 29201

Phone: (803) 896-0640

Fax: (803) 896-0645

www.scdhec.gov

South Carolina Department of Social Services

The South Carolina Department of Social Services (DSS) is responsible for administering assistance programs such as the Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamps) and the Temporary Assistance for Needy Families (TANF) program. Students in households which qualify for these programs automatically qualify for free meal benefits. Note that documentation requirements may vary. DSS is also the chief agency charged with foster care placements. Foster children are automatically eligible for free meal benefits. Note that documentation requirements may vary.

South Carolina Department of Social Services 1535 Confederate Ave. Extension

PO Box 1520

Columbia, SC 29202

Phone: (803) 898-7601 or 800-768-5700

www.dss.sc.gov

Team Nutrition

Team Nutrition is the technical assistance and nutrition education initiative of the United States Department of Agriculture’s (USDA) Food and Nutrition Service (FNS). This program assists schools in bringing their meals in line with the Dietary Guidelines and nutrient standards, teach children and their caregivers the importance of healthy eating and physical activity, and foster community support for these efforts.

USDA – Team Nutrition
3101 Park Center Drive, Room 632
Alexandria, VA 22302
Phone: (703) 305-1624
Fax: (703) 305-2549
www.fns.usda.gov/tn

USDA Food and Nutrition Service

The Food and Nutrition Service (FNS) is a division of the United States Department of Agriculture (USDA). FNS is responsible for administering nutrition assistance programs such as the Women, Infants, and Children (WIC) Program, Child and Adult Care Food Program (CACFP), and USDA Foods Commodities Programs (FDP), as well as the National School Lunch Program (NSLP), School Breakfast Program (SBP), Special Milk Program (SMP), and others.

USDA Food and Nutrition Service 3101 Park Center Dr.
Alexandria, VA 22302
Phone: (703) 305-2062
www.fns.usda.govg/ or (800) 321-3054

Go for the Gold with Customer Service <https://theicn.org> or (800) 321-3054

Determining Eligibility and Verification

USDA's Eligibility Guidance for School Meals Manual <https://www.fns.usda.gov/cn/eligibility-manual-school-meals>

Food Production and Menuing

Food Production
Basics at a Glance Poster or
(800) 321-3054

<https://theicn.org>
Building Quality Meals: Standardized Recipes and Portion Control <https://theicn.org> or (800) 321-3054

Culinary Techniques: Cooking with Flair CD-ROMs <https://theicn.org/> or (800) 321-3054

First Day...Every Day: Basics for Food Service Assistants, Part I <https://theicn.org> or (800) 321-3054

First Day...Every Day: Basics for Food Service Assistants, Part II <https://theicn.org> or (800) 321-3054

Food Quality: Making the Grade in Child Nutrition, Part I <https://theicn.org/> or (800) 321-3054

Food Quality: Making the Grade in Child Nutrition, Part II <https://theicn.org/> or (800) 321-3054

Food Service Assistant...You Are Important <https://theicn.org/> or (800) 321-3054

Food Research and Action Center (FRAC) <http://frac.org/about/>

Healthy Cuisine for Kids Training <https://theicn.org/> or (800) 321-3054

Measuring Success with Standardized Recipes <https://theicn.org/> or (800) 321-3054

Center of Excellence for Food Safety Research in Child Nutrition Programs <http://cnsafefood.k-state.edu/resources/serving-up-science/>

Center for Food Safety and Applied Nutrition (CFSAN) www.cfsan.fda.gov or (888) 723-3366

Centers for Disease Control and Prevention (CDC) www.cdc.gov or (800) CDC-INFO or (800) 232-4636

Choice Plus Food Safety Supplement <https://theicn.org/> or (800) 321-3054

Developing a School Food Safety Program Using the Process Approach <https://theicn.org/> (800) 321-3054

Fight BAC!™ Keep Food Safe from Bacteria www.fightbac.org or (202) 220-0651

Food Allergy and Anaphylaxis Network www.foodallergy.org or (800) 929-4040

Food and Drug Administration (FDA)

www.fda.gov or (888) INFO-FDA or (888) 463-6332

Food Safety

Food Safety Information Center www.foodsafety.nal.usda.gov or (301) 504-5515

Food Safety and Inspection Service (FSIS) www.fsis.usda.gov or (800) 233-3935

Food Safety for Summer Food Service Programs <https://theicn.org/> or (800) 321-3054

Food Safety Mini Posters (set of 14) <https://theicn.org/> or (800) 321-3054

Food Safety Standard Operating Procedures <https://theicn.org/> or (800) 321-3054

Health Inspections in Schools: Supporting Food Safety <https://theicn.org/> or (800) 321-3054

Healthy School Environment

Changing the Scene: Improving the School Nutrition Environment www.fns.usda.gov/tn or (703) 305-1624

Community Nutrition Action Kit <http://teamnutrition.usda.gov/Resources/cnak.html> or (703) 305-1624

Getting It Started and Keeping It Going

<http://teamnutrition.usda.gov/Resources/gettingitstarted.html> or (703) 305-1624

Making It Happen! School Nutrition Success Stories

<http://teamnutrition.usda.gov/Resources/makingithappen.html> or (703) 305-1624

Popular Team Nutrition Events Book

<http://teamnutrition.usda.gov/Resources/popularevents.html> or (703) 305-1624

The Smarter Lunchroom Movement <http://smarterlunchrooms.org>

Team Up at Home: Team Nutrition Activity Booklet

<http://teamnutrition.usda.gov/Resources/teamupbooklet.html> or (703) 305-1624

Middle School Nutrition Education Kit <http://teamnutrition.usda.gov/Resources/yourself.html> or (703) 305-1624

Kitchen Design

Food Service Equipment Guide <http://teamnutrition.usda.gov/Resources/equipmentguide.html> or (703) 305-1624

United States Environmental Protection Agency (EPA)

www.epa.gov or 1-800-241-1754

Marketing and Merchandising (also see Nutrition and Nutrition Education)
Events Calendar

<http://teamnutrition.usda.gov/library.html> or (703) 305-1624

Fruits and Vegetables Galore: Helping Kids Eat More

www.fns.usda.gov/tn/Resources/fv_galore.html

Real-Time Marketing

<https://theicn.org/> or (800) 321-3054

School Breakfast: A Smart Way to Start the Day <https://theicn.org/> or (800) 321-3054

Menu Planning

Accommodating Children with Special Dietary Needs in School Nutrition Programs:
Guidance for School Food Service Staff www.fns.usda.gov/cnd/guidance

A Tool Kit for Healthy School Meals: Recipes and Training Materials <https://theicn.org/> or (800) 321-3054

Building for the Future: Nutrition Guidance for the Child Nutrition Programs <https://theicn.org/> or (800) 321-3054

Cooking a World of New Tastes <https://theicn.org/> or (800) 321-3054

Choose MyPlate www.choosemyplate.gov

Healthy School Meals Resource System (HSMRS) <http://schoolmeals.nal.usda.gov> or (301) 504-5719

National Nutrient Database for Standard Reference www.ars.usda.gov/nutrientdata or (301) 504-0630

Nutrient Analysis Protocols: How to Analyze Menus for USDA's School Meals Programs
<http://teamnutrition.usda.gov/Resources/nutrientanalysis.html>

Offer versus Serve http://teamnutrition.usda.gov/Resources/offer_v_serve.html

Summer Food Service Program; 2009 Administrative Guidance for Sponsors
www.fns.usda.gov/cnd/summer/library/handbooks.html

Other Good Sources

American Egg Board
www.aeb.org or (847) 296-7043

California Cling Peach Board www.calclingpeach.com or (510) 654-5400

California Dried Plums www.californiadriedplums.org or (916) 565-6232

California Figs
www.californiafigs.com or (559) 440-5400

California Kiwifruit
www.kiwifruit.org or (916) 441-0678

California Strawberry Commission www.calstrawberry.com or (831) 724-1301

California Tomato Commission www.tomato.org

Canned Vegetable Council www.cannedveggies.org

Center for Disease Control Fruits and Veggies Matter www.fruitsandveggiesmatter.gov or (800) 311-3435

Center for Nutrition Policy and Promotion www.cnpp.usda.gov or (703) 305-7600

Cherry Marketing Institute www.cherrymkt.org or (925) 838-5454

Dietary Guidelines for Americans 2010 <http://health.gov/dietaryguidelines/2010/>

Dietary Guidelines for Americans 2015 <http://health.gov/dietaryguidelines/2015/>

Dole SuperKids
www.dole5aday.com or (800) 356-3111

Eat Smart. Play Hard. TM (Power PantherTM) www.fns.usda.gov/EATSMARTPLAYHARD/ or (703) 305-1624

<http://doe.sd.gov/oess/cans/nutrition/eatsmartplayhard.asp> or (605) 773-3413
www.powerpanther.org or (785) 296-2276

Food and Nutrition Information Center (FNIC) www.nal.usda.gov/fnic or (301) 504-5414

Free Field Trips
www.fieldtripfactory.com or (800) 987-6409

Government Healthfinder www.healthfinder.gov or (240) 453-8280

Idaho Potato Commission www.idahopotato.com or (208) 334-2350

Kansas Wheat Commission www.kswheat.com or (866) 75-WHEAT

Michigan Apple Committee www.michiganapples.com or (800) 456-2753

National Cattlemen's Beef Association www.beeffoodservice.com or (303) 694-030

National Dairy Council www.nationaldairycouncil.org www.southeastdairy.org or (770) 996-6085

North American Blueberry Council www.blueberrycouncil.org or (916) 983-0111

Nutrition.gov
www.nutrition.gov or (301) 504-5755

Nutrition 101: A Taste of Food and Fitness <https://theicn.org/> or (800) 321-3054

Nutrition Decision www.nutritiondecision.org/

Produce for Better Health Foundation www.pbhfoundation.org or (302) 235-2329
www.shop5aday.com

South Carolina Association of School Administrators (SCASA) <http://www.scasa.org/>

South Carolina Chef Ambassador Program <http://agriculture.sc.gov/sc-chef-ambassador-program/>

Science 4 Kids www.ars.usda.gov/is/kids

Team Nutrition
www.fns.usda.gov/tn or (703) 305-1624

The American Dietetic Association www.eatright.org or (800) 877-1600

Procurement

Agricultural Marketing Service (AMS) www.ams.usda.gov or (202) 720-8732

Choice Plus: A Reference Guide for Foods and Ingredients <https://theicn.org/> or (800) 321-3054

First Choice: A Purchasing Systems Manual for School Food Service <https://theicn.org/> or (800) 321-3054

Food Buying Guide
<http://teamnutrition.usda.gov/resources/foodbuyingguide.html> or (703) 305-1624

Food Service Equipment Guide <http://teamnutrition.usda.gov/Resources/equipmentguide.html> or (703) 305-1624